

Spinach Mushroom Salad with Pear and Pomegranate



SERVINGS

2

INGREDIENTS

- 50 g walnuts
- 2 eggs
- 250 g mushrooms
- 4 garlic cloves
- 6 tbsp olive oil
- 1.5 lemons
- 4 tbsp balsamic vinegar
- 1 pinch of salt & pepper
- 1 pinch of dried or 1 branch of fresh rosemary
- 1 pinch of dried or 1 branch of fresh thyme
- 1 red onion
- 2 small or 1 large pear
- ½ pomegranate
- 50 g olives of your choice, pitted
- 100 g spinach, organic
- 1 avocado (optional)



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