

Spicy Tofu and Vegetable Wok with Pickled Shiitake Mushrooms



SERVINGS

2

INGREDIENTS

- 150 g whole grain rice
 - 25 g shiitake mushrooms, dried
 - 250 g tofu
 - 3-4 tbsp coconut oil
 - 1 small onion
 - 100 g baby corn
 - 200 g snow peas
 - 2 tbsp rapeseed oil
 - 2 tbsp (approx. 50 g) red curry paste
 - 100 ml of water
 - cilantro / spring onion
- for the sauce:
- 1.5 tbsp coconut sugar
 - 3 tbsp soy sauce
 - 3 tbsp rice wine vinegar
 - 2 tbsp water

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