



Sesame Rice Noodle Bowl with Caramelized Tofu and Pointed Cabbage



SERVINGS

2

INGREDIENTS

- 100 g whole grain rice noodles
- 1-2 tbsp soy sauce
- sesame oil to taste
- 15 g sesame seeds
- 250 g tofu
- 3 tbsp coconut oil
- 1 small onion
- ½ leek (approx. 130 g)
- 2 tbsp rapeseed oil
- ½ small pointed cabbage
- 1 pinch of salt & pepper
- 150 g mung bean sprouts
- ½ red paprika, organic
- 1 spring onion
- 3-4 sprigs of mint



for the sauce:

- 4 tbsp soy sauce
- 2 tbsp water
- 1 tbsp coconut sugar
- 1 tsp sambal oelek



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