

# Prawn Edamame Bowl with Garlic Tahini Sauce



SERVINGS

2

## INGREDIENTS

- 150 g whole grain rice
- ¼ broccoli head
- 1 garlic clove
- 1 chilli pepper
- 1 tbsp rapeseed oil
- 225 g prawns
- 1 pinch of salt
- 1 pinch paprika powder
- ½ red onion
- ½ red paprika
- 1 carrot
- 180 g of radishes
- 4 red cabbage leaves
- 150 g edamame beans
- spring onion and / or cilantro
- buckwheat for garnish

for the sauce:

- 2 garlic cloves
- 4 tbsp tahini
- 4 tbsp oat cuisine
- 2 tbsp olive oil
- 1 tbsp apple cider vinegar
- 1 lime
- 1 pinch garlic, granulated
- 1 pinch of salt & pepper

NIARIA