

# Crispy Tofu with Bok Choy



SERVINGS  
2

## INGREDIENTS

- 150 g whole grain rice
  - 15-20 g shiitake mushrooms, dried
  - 15 g sesame seeds
  - 250 g tofu
  - 3-4 tbsp coconut oil
  - 4-5 heads bok choy
  - 3 garlic cloves
  - 1 thumb-sized piece of ginger
  - 1 onion
  - 1 chilli pepper (or 1 tsp sambal oelek)
  - 2 tbsp rapeseed oil
  - ½ cucumber
  - 1 spring onion
  - sesame oil to taste
  - soy sauce as a dip
- for the sauce
- 2 tbsp soy sauce
  - 2 tbsp rice wine vinegar
  - 2 tbsp water
  - 1 tbsp coconut sugar



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