

Cinnamon Sweet Potatoes with Bean Quinoa and Guacamole



SERVINGS

2

INGREDIENTS

- 150 g kidney / adzuki or black beans, boiled
 - 1 big sweet potato (approx. 600 g)
 - 1 tsp paprika powder (smoked or noble sweet)
 - 1 tsp cinnamon
 - 1 pinch of salt & pepper
 - 6 tbsp olive oil
 - 100 g quinoa
- for the guacamole:
- 1 medium-sized avocado
 - 1 lime
 - 130 g cherry tomatoes, organic
 - 1 chilli pepper
 - 3 garlic cloves
 - 1 small red onion
 - 40 g cilantro
 - 20 g chives
 - 2 tbsp olive oil
 - 1 pinch of salt & pepper



NIARIA