



Avocado Chickpea Salad with Lemon Tahini Dressing



SERVINGS
2

INGREDIENTS

- 220 g chickpeas, boiled
- 1 red onion
- 1 yellow paprika, organic
- 120 g cherry tomatoes, organic
- 2 avocado
- fresh chives
- fresh parsley
- 110 g corn kernels, organic
- 4 tsp of hemp seeds

for the dressing:

- 4 tbsp tahini
- 4 tbsp oat cuisine (plant-based cream)
- ½ lemon
- 1 pinch of salt & pepper



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